Famille Cor Unum
Société de Vie Évangélique
du Cœur de Jésus



Through Advent towards greater availability

With Joseph, loving and serving in all things

ADVENT 2026 · 29 NOVEMBER – 24 DECEMBER

Each morning, three moments

1. Read the text by Pope Francis.

2. Ask for the grace.

3. Say the prayer to Saint Joseph (page 30).

Pope Francis writes in *Patris corde*:

"Every day, for over forty years, following Lauds I have recited a prayer to Saint Joseph taken from a nineteenth-century French prayer book of the Congregation of the Sisters of Jesus and Mary […]"



Sunday 29 November

Available in small things

"[…] never lose this characteristic of closeness to the women and men of our time."

Pope Francis, Address to participants in the Plenary Assembly of the Dicastery for the Laity, Family and Life, 22 April 2023

ASKING FOR GRACE

Let us ask, through the intercession of Saint Joseph, for the grace of graces: our conversion.



Monday 30 November

Available in small things

"[…] our lives are woven together and sustained by ordinary people, people often overlooked […]."

Pope Francis, *Patris corde*, 8 December 2020, introduction

ASKING FOR GRACE

Let us ask for the grace to know how to become, following Joseph, ordinary witnesses of the extraordinary and immeasurable love of God.



Tuesday 1 December

Available in small things

"This holiness to which the Lord calls you will grow through small gestures."

Pope Francis, *Gaudete et exsultate*, 19 March 2018, no. 16

ASKING FOR GRACE

Let us ask for the grace to know how to make our activities, our work, an occasion of praise in order to serve the work of God and to help build his Kingdom and his justice.



Wednesday 2 December

Available in small things

"Saint Joseph was a carpenter who earned an honest living to provide for his family."

Pope Francis, *Patris corde*, 6, "A working father"

ASKING FOR GRACE

Let us ask for the grace to know how to make our activities, our work, an occasion of praise in order to serve the work of God and to help build his Kingdom and his justice.



Thursday 3 December

Saint Francis Xavier

Available in small things

"Francis Xavier felt the restlessness of the apostle, of going beyond […]."

Pope Francis, General Audience, 17 May 2023, on Saint Francis Xavier

ASKING FOR GRACE

Let us ask for the grace to have the courage and the boldness to bear witness to God in and through our whole life.



Friday 4 December

Available in small things

"How important it is for each one of us to cultivate a just life and, at the same time, to always feel the need for God's help [...]."

Pope Francis, General Audience, 1 December 2021, catechesis on Saint Joseph

ASKING FOR GRACE

Let us ask for the grace to accept that God passes through my humanity to accomplish his designs.



Saturday 5 December

Available in small things

"Every Christian is a missionary to the extent that he or she has encountered the love of God in Christ Jesus [...] So what are we waiting for?"

Pope Francis, *Evangelii gaudium*, 24 November 2013, no. 120

ASKING FOR GRACE

Let us ask for the grace to have enough trust in God to put into practice a creative and bold courage, in order to serve and love better.



Sunday 6 December

Available to those close to us

"So, Joseph chooses this second option, the way of mercy."

Pope Francis, Angelus, 18 December 2022

ASKING FOR GRACE

Let us ask for the grace, through the intercession of Saint Joseph, to discover, more and more each day, a chaste way of relating, one that does not confine but, on the contrary, sets free the one we meet.



Monday 7 December

Available to those close to us

"The nobility of Joseph's heart is such that what he learned from the law he made dependent on charity."

Pope Francis, *Patris corde*, 4, "An accepting father"

ASKING FOR GRACE

Let us ask for the grace, through the intercession of Saint Joseph, to discover, more and more each day, a chaste way of relating, one that does not confine but, on the contrary, sets free the one we meet.



Tuesday 8 December

The Immaculate Conception

Available to those close to us

"[…] his love for Mary and his trust in her suggested a way […]."

Pope Francis, General Audience, 1 December 2021, catechesis on Saint Joseph

ASKING FOR GRACE

Let us ask for the grace always to know how to welcome, like Joseph, the unexpected that comes from God, at the heart of my life.



Wednesday 9 December

Available to those close to us

"A small step, in the midst of great human limitations, can be more pleasing to God than a life which appears outwardly in order but moves through the day without confronting great difficulties."

Pope Francis, *Evangelii gaudium*, no. 44

ASKING FOR GRACE

Let us ask for the grace to know how, after the example of Joseph, to lead those entrusted to us towards the Father.



Thursday 10 December

Available to those close to us

"[…] to live in a practical way, in relation to others, the closeness of Jesus that they have often experienced first-hand."

Pope Francis, Address to participants in the Plenary Assembly of the Dicastery for the Laity, Family and Life, 22 April 2023

ASKING FOR GRACE

Let us ask for the grace to know how, after the example of Joseph, to lead those entrusted to us towards the Father.



Friday 11 December

Available to those close to us

"The Church will have to initiate everyone – priests, religious and laity – into this 'art of accompaniment' which teaches us to remove our sandals before the sacred ground of the other (cf. Ex 3:5)."

Pope Francis, *Evangelii gaudium*, no. 169

ASKING FOR GRACE

Let us ask for the grace to know how to take the time to bring before the Father a prayer of intercession for all those with whom we are in relationship.



Saturday 12 December

Available to those close to us

"[…] each person's situation before God and their life in grace are mysteries which no one can fully know from without."

Pope Francis, *Evangelii gaudium*, no. 172

ASKING FOR GRACE

Let us ask for the grace to know how to take the time to bring before the Father a prayer of intercession for all those with whom we are in relationship.



Sunday 13 December

Available to the God who surprises

"And before God, who disrupts his plans and asks that he trust Him, Joseph says 'yes'."

Pope Francis, Angelus, 18 December 2022

ASKING FOR GRACE

Let us ask for the grace, like Joseph, to know how to discern the signs of the times that show us that God is at work in this age.



Monday 14 December

Available to the God who surprises

"We need to practice the art of listening, which is more than simply hearing."

Pope Francis, *Evangelii gaudium*, no. 171

ASKING FOR GRACE

Let us ask for the grace, like Joseph, to know how to discern the signs of the times that show us that God is at work in this age.



Tuesday 15 December

Available to the God who surprises

"The spiritual path that Joseph traces for us is not one that explains, but accepts."

Pope Francis, *Patris corde*, 4, "An accepting father"

ASKING FOR GRACE

Let us ask for the grace to know how to face, "with open eyes" like Saint Joseph, the obstacles we encounter.



Wednesday 16 December

Available to the God who surprises

"It is therefore important to be able to recognise the voice of God in the midst of other voices."

Pope Francis, General Audience, 26 January 2022, catechesis on Saint Joseph

ASKING FOR GRACE

Let us ask for the grace, like Joseph, to know how to discern the signs of the times that show us that God is at work in this age.



Thursday 17 December

Available to the God who surprises

"In reality, the daily life of every person — yours, mine, everyone's — requires courage. One cannot live without courage […]."

Pope Francis, General Audience, 29 December 2021, catechesis on Saint Joseph

ASKING FOR GRACE

Let us ask for the grace to know how to face, "with open eyes" like Saint Joseph, the obstacles we encounter.



Friday 18 December

Available to the God who surprises

"Joseph did not hesitate to obey, regardless of the hardship involved [...]."

Pope Francis, *Patris corde*, 3, "An obedient father"

ASKING FOR GRACE

Let us ask for the grace always to know how to welcome, like Joseph, the unexpected that comes from God, at the heart of my life.



Saturday 19 December

Available to the God who surprises

"Joseph's silence is not mutism; it is a silence full of listening, an industrious silence [...]."

Pope Francis, General Audience, 15 December 2021, catechesis on Saint Joseph

ASKING FOR GRACE

Let us ask for the grace always to know how to welcome, like Joseph, the unexpected that comes from God, at the heart of my life.



Sunday 20 December

Available for mission, everywhere

"Those who follow Jesus are not afraid to make themselves 'inferior', 'minor', to place themselves at the service of others."

Pope Francis, Address to participants in the Plenary Assembly of the Dicastery for the Laity, Family and Life, 22 April 2023

ASKING FOR GRACE

Let us ask for the grace to know how to transform the difficulties we encounter into resources in order to love and serve better.



Monday 21 December

Available for mission, everywhere

"Being a disciple means being constantly ready to bring the love of Jesus to others, and this can happen unexpectedly and in any place: on the street, in a city square, during work, on a journey."

Pope Francis, *Evangelii gaudium*, no. 127

ASKING FOR GRACE

Let us ask for the grace to know how to become, following Joseph, ordinary witnesses of the extraordinary and immeasurable love of God.



Tuesday 22 December

Available for mission, everywhere

"You too need to see the entirety of your life as a mission."

Pope Francis, *Gaudete et exsultate*, no. 23

ASKING FOR GRACE

Let us ask for the grace to know how to become, following Joseph, ordinary witnesses of the extraordinary and immeasurable love of God.



Wednesday 23 December

Available for mission, everywhere

"Joseph found happiness not in mere self-sacrifice but in self-gift."

Pope Francis, *Patris corde*, 7, "A father in the shadows"

ASKING FOR GRACE

Let us ask for the grace, like Joseph, to know how to transform every obstacle into an opportunity through a greater trust in divine providence.



Thursday 24 December

Available for mission, everywhere

"I am a mission on this earth; that is the reason why I am here in this world."

Pope Francis, *Evangelii gaudium*, no. 273

ASKING FOR GRACE

Let us ask for the grace to have enough trust in God to put into practice a creative and bold courage, in order to serve and love better.



Friday 25 December

The Nativity of the Lord

"I invite all Christians, everywhere, at this very moment, to a renewed personal encounter with Jesus Christ, or at least an openness to letting him encounter them; I ask all of you to do this unfailingly each day."

Pope Francis, *Evangelii gaudium*, 24 November 2013, no. 3

ASKING FOR GRACE

Let us ask, through the intercession of Saint Joseph, in a renewed way on this Christmas Day, for the grace of graces: our conversion.

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EVERY MORNING

Prayer to Saint Joseph

"Glorious Patriarch Saint Joseph, whose power makes the impossible possible, come to my aid in these times of anguish and difficulty. Take under your protection the serious and troubling situations that I commend to you, that they may have a happy outcome. My beloved father, all my trust is in you. Let it not be said that I invoked you in vain, and since you can do everything with Jesus and Mary, show me that your goodness is as great as your power. Amen."

Pope Francis's texts are quoted word for word from the official English translations published on the Holy See's website (vatican.va): *Evangelii gaudium* (2013), *Gaudete et exsultate* (2018), *Patris corde* (2020), general audiences, Angelus addresses and the address to the Dicastery for the Laity, Family and Life (22 April 2023).

The prayer to Saint Joseph is the one Pope Francis quotes in *Patris corde* (note 10), in the translation published by the Holy See.

The requests for grace were written while reading *Patris corde*. They are translated from the French.



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